

aikido school sho gi kan, berne  
summer course 2009

with

# Chris Mooney

# Shihan

sakura dojo

aikido

iaido

raum

Friday, Saturday, Sunday  
September 11 – 13, 2009

#### Training Times

- Friday ■ 18:00 – 20:30
- Saturday ■ 9:30 – 12:00
- 15:00 – 18:30
- Sunday ■ 9:30 – 13:00

#### Zazen

- Saturday/Sunday, 8:00 – 9:00

#### Fees

- CHF 90 / EUR 60 whole seminar
- CHF 55 / EUR 35 day
- CHF 35 / EUR 25 half day
- CHF 20 / EUR 15 Friday Evening

#### Information

- Barbara Imboden  
++41 79 295 76 68  
b.imboden@shogikan.ch

#### Overnight stay

in the dojo is possible.  
Please bring a sleeping bag with you.